SAFETY
MODIFICATIONS
Safe at Home

Helping Northland Residents Live Independently in Comfort and Safety at Home.

Rebuilding Together understands the importance of a safe and healthy home for all people. A person’s ability to remain in the home is often determined by health and home accessibility.

Safe at Home provides safety modifications for homeowners who want to improve accessibility, reduce falls, and increase independence in the home.

Safe at Home is a program of Rebuilding Together Inc., a renowned nonprofit organization that has modified thousands of homes across the nation.

Apply for aid by visiting our website or call our office at (816) 781-8985.

RTKC Programs...

- Rebuilding Day is a one-day rebuilding blitz, held annually in October, when close to 400 volunteers complete essential home repairs on 20-25 houses.
- Safe at Home is a year-round home safety modification service creating safer, more accessible homes for seniors and people with disabilities.
- RT Store is a home improvement thrift store dedicated to recycling, reusing, and re-purposing building materials. Proceeds support RTKC community service programs, providing sustainable revenue, as well as much needed equipment, supplies, and materials for home repairs and safety modification projects.

RTKC Goals...

- Eliminate substandard housing and deplorable living conditions.
- Create a safer living environment by improving accessibility.
- Make homes more affordable by increasing energy efficiency.
- Help people to stay in their homes and avoid homelessness.
- Enable seniors to live in their own homes for as long as possible – “age in place.”
About RTKC

*Repairing Homes, Revitalizing Communities, Rebuilding Lives*

Our mission statement reflects the core of what we do. It is not how we do it, but what we are all about. We repair homes, we revitalize communities and we have a deep impact on people’s lives.

Rebuilding Together Kansas City’s (RTKC’s) community service programs provide home repairs and safety modifications aimed to eliminate unsafe, inaccessible, or deplorable living conditions for at-risk or under-served individuals including veterans, seniors, people with disabilities, and low-income families.

RTKC’s home modification/repair model is successful, high-quality, and affordable - investing volunteer and material resources into ensuring already existing properties are habitable and safe.

RTKC is a 501(c)3 nonprofit organization. To apply for services, volunteer, or make a donation visit our web site at www.RebuildingTogetherKC.org, email info@RebuildingTogetherKC.org, or call 816.781.8985.

Did You Know...

- Falls are the leading cause of death from injury to people over 65
- Annually, over 1 million seniors require emergency care for fall-related injuries
- Seniors who fall are more likely to require admittance to a long-term care facility
- Missouri’s rate of injury for seniors due to falls is 31% higher than the national average
- Nearly half of fall-injury cases among Missouri older adults occur at home
- Many falls can be prevented by simple home modifications

We Help You...

- Live independently and safely at home
- Improve accessibility and mobility
- Decrease the physical strain on individuals and caregivers
- Reduce health care costs
- Delay the need for nursing home care
GRAB BARS

BENEFITS:
- Provides a stable, reliable hand hold
- Non-slip grip available for wet areas

SMOKE & CO DETECTORS

BENEFITS:
- Installation of detectors to increase fire and carbon monoxide safety
BUMP DOTS

**BENEFITS:**
- Used to mark everyday items for easy identification by touch
- Ideal for those with a visual impairment

HANDRAILS

**BENEFITS:**
- Reduces falls by providing steady balance
- Two rails eliminates both hands on single bar and “sideways stepping”
HAND-HELD SHOWERS

BENEFITS:

• Increases bathing safety, independence and comfort while sitting or standing
• Can be hooked to grab bar for sturdy height adjustments

RAMPS

BENEFITS:

• Completely customized to the home (following code guidelines)
• Reduces falls with railings on both sides
• Built to last with weatherproof materials
BENEFITS:
- Reduces the risk of tripping or falling through rotten wood
- Railings reduce falls by providing steady balance
- Built to last with weatherproof materials

BENEFITS:
- Reduces falls and provides comfort
- Height adjustable legs
- Textured plastic seat & back for nonslip grip
- Sliding transfer benches assist with transfers from wheelchairs or walkers to bathtub
TOILET RISER SEATS

BENEFITS:
- Adds height to shorter toilets, making it much easier to sit down and get up
- Provides safety and independence
- Inexpensive option and easily moved

REPAIR/REPLACE FLOORING

BENEFITS:
- Deteriorated and rotten flooring can create a tripping hazard and cause falls
LOW-RISE STEPS

BENEFITS:
- Treads are much longer and risers are much shorter than traditional steps
- Allows feet to be on the same step as a walker

CLAMP-ON TUB RAILS

BENEFITS:
- Gives stability when getting in and out of tub
- Quick install and fits most standard tubs
- Easy grip and rust proof

OFFSET DOOR HINGES

BENEFITS:
- Adds up to 2 inches to doorways, allowing barrier free access for some wheelchairs and walkers
- Installs using the same holes and screws of existing hinges
- Easier and less expensive way to broaden doorways

ADJUSTABLE THRESHOLD RAMPs

BENEFITS:
- Allows easier access to entrances
- Can be used inside or outside
- Adjustable feet customize fit for up to 6” with doorways that swing in or out
TUB CUT-OUTS

**BENEFITS:**
- Enables easy step access for bathing
- Installation completed on existing tub
- Extremely cost effective in comparison to tearing out existing tub
- Optional tub cut-out model has removable door that locks in place to use as traditional tub

VERTICAL RAILS

**BENEFITS:**
- Helpful for sitting and standing
- Expansion fits floor to ceiling for sturdiness and reliability
- Promotes safe and independent movement
- Horizontal grab bar provides 8 locking positions
- Bar will lock if released, reducing risk of forward fall
COMFORT HEIGHT TOILETS

BENEFITS:
- Easier to sit and stand than standard model toilet
- 16”-18” tall as opposed to standard 15”, excluding toilet seat

BRIGHTER LIGHTING

BENEFITS:
- A well-lit home helps to prevent falls
- Being able to see clearly helps maintain balance and avoid obstacles
- Simple changes, such as changing soft light bulbs to brighter light bulbs, can make a big difference
- Illuminated light switches and cover plates act as a nightlight, making it safer and more convenient after dark